

EMILY NAGOSKI
SEX EDUCATOR, AUTHOR, RESEARCHER, ACTIVIST

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Emily Nagoski, Ph.D., is the New York Times bestselling author of Come As You Are: The surprising new science that will transform your sex life. She has been a sex educator for more than two decades, with clinical training at the Kinsey Institute. She has spoken at dozen of college campuses, professional conferences, and other venues across the U.S. and around the world, advancing feminist, sex positive, trauma-informed, sex education for all. She's here to teach women to live with confidence and joy inside their bodies.

TRAINING AND EDUCATION

DEGREES

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| 2006 Ph.D. | Health Behavior, minor Human Sexuality
Department of Applied Health Science
School of Public Health
Indiana University, Bloomington, Indiana |
| 2002 M.S. | Counseling and Counselor Education
Department of Counseling and Educational Psychology
School of Education
Indiana University, Bloomington, Indiana |
| 1998 B.A. | Psychology, minors Cognitive Science and Philosophy
College of Arts and Sciences
University of Delaware, Newark, Delaware |

OTHER TRAINING AND EDUCATION

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| 2016, November | Gottman Seven Principles Program: Leader Training
Mission Empowerment, Kitchener, Ontario |
| 2016, August | Transgender Training of Trainers
Transgender Training Institute, Philadelphia, Pennsylvania |
| 2013, July | Green Dot Violence Prevention Strategy 4-Day Instructor Certification Training
Green Dot, et cetera, Inc., Springfield, Virginia |
| 2009, May | Intergroup Dialogue Training Institute
Social Justice Education Program, University of Massachusetts |
| 2008, July | Motivational Interviewing and Health Behavior Change Workshop
Institute for Motivation and Change, Boston, Massachusetts |
| 2007, October | HIV Counselor Certification Training, Counselor # 4683
Lancaster General Hospital, Lancaster, Pennsylvania |
| 2007, October | Brief Alcohol Screening and Intervention for College Students (BASICS)
West Chester, Pennsylvania |
| 2004, January | One-Week Intensive Seminar, Complex Physical, Biological, and Social Systems
New England Complex Systems Institute, Boston, Massachusetts |

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TALKS ,TRAININGS, AND PRESENTATIONS

INVITED KEYNOTES AND PLENARIES

- 2016, October *Come As You Are*
Rhode Island Midwives Association
- 2016, June *Pleasure Is the Measure*
Guelph Sexuality Conference, Guelph, ON
- 2009, May *Sex on the Brain: Sex, Love, and Adolescence.*
Youth Empowerment and Adolescent Health Conference, Holyoke MA

CLINICAL INSERVICES AND PROFESSIONAL TRAININGS

- 2016, October *Pleasure is the Measure: Evidence-Based Consent Education*
Pre-Conference Workshop, New England College Health Association, Newport,
RI
- 2016, October *Pleasure is the Measure: maximizing your clients' sexual wellbeing*
BESTCO, Toronto, ON
- 2016, September *Come As You Are*
Rocky Mountain Sex Summit, Salt Lake City, UT
- Come As You Are*
AASECT NE Region Education, Northampton, MA
- 2016, May *Pleasure is the Measure*
Southwest Sexual Health Alliance, Austin, TX
- 2016, April *Come As You Are: Female Sexuality*
Sex Therapy in the City, New York, NY
- Pleasure is the Measure: Affective Neuroscience for Sexuality Professionals*
Southwest Sexual Health Alliance, Austin, TX
- 2016, January *Pleasure is the Measure*
AASECT Winter Institute, St. Louis, MO
- 2015, October *Come as You Are*
Harvard Vanguard OB-GYN Practice, Boston, MA
- 2015, June *Staff Training*
Smitten Kitten, Minneapolis, MN
- 2015, April *Staff Training*
Student Affairs Staff, Harvard University
- 2013, February *A Sex Positive Approach to BDSM Relationship in College Counseling Clients*
Williams College

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COLLEGE CAMPUSES

Beyond Consent

Mt Ida College (October, 2016)
Keene State University (April 2016)
Mt. Holyoke College (April 2016)
Wellesley College (December 2015)

5 (Dirty, Little) Secrets from the Science of Sex

Leeds Beckett University, Leeds, Yorkshire, UK (March 2015)
Massachusetts Institute of Technology (MIT), Cambridge, MA (March 2015)
Marlboro College, Marlboro, VT (February 2016)
University of Massachusetts – Dartmouth (April 2015)
Amherst College (April 2015)
Johnson and Wales University (March, 2015)

Come As You Are

University of Delaware, Newark, DE (January 2016 and March 2015)
Harvard University (April, 2015)

LOVE: wtf (whenever. tonight. forever)

University of Alabama, Tuscaloosa, AL (September 2015)
University of Massachusetts – Dartmouth (April 2015)
Johnson and Wales University (March 2015)
Mt Ida College (March 2015)
Williams College (March 2015)
Colby College (March 2015)
Wellesley College (March 2015)
Middlebury College (October 2014)

Love, Lust, and Liquor

Marlboro College (September 2016)
University of Alabama, Tuscaloosa, AL (September 2015)
Landmark College (March 2015)
University of Delaware, Newark, Delaware (March 2008)

RETAIL VENUES

Feminist Sex Toy Stores:

Good for Her, Toronto, ON (November 2016)
Comes As You Are, Toronto, ON (June 2016 and March 2015)
Sugar, the Shop, Baltimore, MD (June 2016 and March 2015)
Lotus Blooms, Alexandria, VA (June 2016)
Good Vibrations, Brookline MA (November 2016, February 2016, November 2015, March 2015)
Early to Bed, Chicago, IL (June 2015)
Babeland, Seattle, WA (April 2015)
She Bop, Portland, OR (April 2015)
Good Vibrations, San Francisco, CA (April 2015)
Oh, My! Northampton, MA (2010)
Babeland, New York City, NY (2009)

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RETAIL VENUES, CONTINUED

Bookstores:

The Ripped Bodice, Los Angeles, CA (September 2016)
Amherst Books, Amherst, MA - with Rachel Hills (October 2015)
Powell's Books, Portland, OR (April 2015)

OTHER VENUES

- 2017, April *The Neuroscience of Outstanding Love Scenes*
New England Chapter of the Romance Writers of America Conference, Boston MA
- 2016, September *Celebrating World Sexual Health Day – Busting Myths*
World Sexual Health Day, Stanford CA
- 2016, June *Love Illuminated*
Unitarian Universalist Church of Southern Delaware, Lewes, DE
- 2016, March *Let's Talk about Sex, Baby (panel)*
Women of the World, London, UK
<https://soundcloud.com/southbankcentre/wow-2016-lets-talk-about-sex-baby>
- 2016, January *Why Do People Cheat? (panel)*
Arisia, Boston MA
- Come as You Are*
TEDxUniversityofNevada, Reno, NV
<https://www.youtube.com/watch?v=HILY0wWB1BM>
- 2015, October *Project Passion: How to rekindle the spark (panel)*
Alliance Francaise, New York City, NY
<https://www.youtube.com/watch?v=4hA-H6ClfT4>
- 2015, October *One Weird Trick*
Chicago Ideas Week, Chicago, IL
<https://vimeo.com/146316137>
- 2015, September *Pleasure is the Measure: Women, Sex, and Comics (panel)*
Topotocon, Easthampton MA
- 2015, June *Come As You Are*
Cards Against Humanity, Chicago, IL
- 2015, May *What Do Women Really Want?*
MindBodyGreen Revitalize, Tucson, AZ
<http://www.mindbodygreen.com/revitalize/video/what-do-women-really-want-a-sexpert-explains-it-all>
- 2015, March *The Field Beyond*
Black Rose, Washington, DC

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SEXUALITY-RELATED PUBLICATIONS, POSTERS AND PRESENTATIONS

MAINSTREAM PRINT PUBLICATIONS

- Nagoski, E. (March, 2015). *Come As You Are: The Surprising New Science of Women's Sexual Wellbeing*. Simon & Schuster: New York.
- Nagoski, E. (2012). *A Scientific Guide to Successful Relationships*. New York, NY: Good in Bed, LLC. Retrieved from Good in Bed: <http://www.goodinbed.com/ebooks/2011/07/a-scientific-guide-to-successful-relationships/index.php> .
- Nagoski, E. (2010). *The Good in Bed Guide to Orally Pleasuring a Man*. New York, NY: Good in Bed, LLC. Retrieved from Good in Bed: <http://www.goodinbed.com/ebooks/2010/04/orally-pleasuring-a-man-about/index.php>.
- Nagoski, E. (2010). *The Good in Bed Guide to Female Orgasms*. New York, NY: Good in Bed, LLC. Retrieved from Good in Bed: <http://www.goodinbed.com/ebooks/2010/04/female-orgasms/index.php>.

ACADEMIC PUBLICATIONS

- Nagoski, E., Janssen, E., Lohrmann, D., and Nichols, E. (2011). Risk, Individual Differences, and Environment: An Agent-Based Modeling Approach to Sexual Risk-Taking. *Archives of Sexual Behavior*, 40(6), 1-12. DOI: 10.1007/s10508-011-9867

ACADEMIC POSTERS

- Nagoski, E. "Different for Goils: an agent based model of parental investment and sexual motivation." Human Behavior and Evolution Society Conference, Austin, TX. June 2005.
- Butler, S., Herbenick, D., and Nagoski, E. "Contemporary Pedagogic Strategies to Undergraduate Human Sexuality Courses: Approaches at Indiana University and Other Institutions." American Association of Sex Educators, Counselors, and Therapists Conference, Portland, OR. May 2005.
- Nagoski, E. "Community-Based HIV Prevention Maximized for Complex Systems." American Public Health Association Conference, Washington, D.C. November 2004.
- Nagoski, E. "Training GLBT Allies: an Experiential Approach." American Psychological Association Conference, Chicago, IL. August 2002.

ACADEMIC PRESENTATIONS

- Nagoski, E. "Pleasure is the Measure: Affective Neuroscience and Consent Education." National Sex Education Conference, Atlantic City, NJ. December 2016.
- Nagoski, E. "Come As You Are: How (and Why) to Promote Women's Sexual Wellbeing in the 21st Century" New England College Health Association Conference. New Castle, New Hampshire. October 2014.
- Nagoski, E. "5 (Dirty, Little) Secrets Every College Health Professional Should Know about Women's Sexuality." New England College Health Association Conference. Portland, Maine. November 2012.

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ACADEMIC PRESENTATIONS, CONTINUED

- O’Sullivan, R. and Nagoski, E. “Sexual shame and preventive health behaviors in college women.” Society for the Scientific Study of Sexuality Midwest and Eastern Regional Conference, Bloomington, Indiana. May 2012.
- Nevers, J., Nagoski, E., and McCarthy, H. “Framework for Sexual Health Promotion and Interventions on College Campuses.” New England College Health Association/New York School and College Health Association Combined Conference. Saratoga Springs, NY. October 2011.
- Nagoski, E. “Hot Topics: Sexuality Education.” Invited session at New England College Health Association Conference. Burlington, VT. October 2009.
- Butler, S., Nagoski, E, and Herbenick, D. “Peers in the Classroom: Using Peer Facilitators to Enhance Human Sexuality Discussion Sessions.” Mid America College Health Association Conference, Lexington, KY. October 2005.
- Nagoski, E. “Different for Goils: an agent based model of parental investment and sexual motivation.” World Congress on Sexology, Ontario, Canada. July 2005.
- Nagoski, E. “College Campuses, the Internet, and Sexuality.” Midwestern Bisexual, Lesbian, Gay, Transgender, and Allies College Conference, Urbana-Champaign, IL. February 2002
- Nagoski, E and Brown, K. “The Role of a Speakers Bureau in Facilitating a Supportive Campus Climate.” American Association of Sex Educators, Counselors, and Therapists Conference, Chicago, IL. May 2004.
- Nagoski, E. “Online versus Face-to-Face Interactions in Therapeutic Dyads.” American Psychological Association Conference, Washington, D.C., August 2000.

FURTHER DETAILS

FELLOWSHIPS, GRANTS, AND AWARDS

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| 2014 | Smith College Residence Life Award for “Most Awesome Tea Guest” |
| 2012 and 2013 | Smith College Spotlight Award - for outstanding contributions to the Office of Institutional Diversity & Equity |
| 2008 | West Chester University Fabulous Contribution to LGBTQA Visibility Award |
| 2005 | Society for the Scientific Study of Sexuality (SSSS) Student Research Grant |
| 2004 | Indiana University School of Health, Physical Education, and Recreation Doctoral Fellowship |
| 2004 | Indiana University School of Health, Physical Education, and Recreation Travel Grant |
| 1998 | University of Delaware Senior Psychology Research Award |

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VOLUNTEER WORK

- 2011-2015 *Committee Member*
Patient and Family Advisory Council, Cooley Dickinson Hospital, Northampton,
Massachusetts
- 2002-2004 *Crisis Line Volunteer*
Middleway House Domestic Violence Shelter, Bloomington, Indiana
- 1999-2001 *Sexual Assault Prevention Educator*
Raising Awareness of Interactions in Sexual Encounters (RAISE), Indiana
University, Bloomington, Indiana
- 1996-1998 *Sexual Assault Crisis Responder*
Sexual Offenses Support (SOS), University of Delaware, Newark, Delaware
- 1995-1998 *Sexual Health Peer Educator*
Wellspring, University of Delaware, Newark, Delaware